

Lymphatic Treatment #3

Sitting at the client's head:

- 1) Synch the 4 parts of the vertical core current
- 2) Synch the complete brain with the cranial bones

Sitting on the right side of the client:

- 3) Synch the cisterna chyli, right lymphatic duct, thoracic duct
- 4) Hold the cisterna chyli, right lymphatic duct, thoracic duct in the open phase
- 5) While holding the the cisterna chyli, right lymphatic duct, thoracic duct in the open phase bring the vertical core to bregma, hold there
- 6) Hold the core womb at bregma (closed phase) (both inner and outer)
- 7) Bring all the brain parts and cranial bones to the closing phase and hold there
- 8) Hold the SCM muscles in the closed phase
- 9) Hold the clavicles in the closed phase
- 10) Hold the thymus gland in the open phase
- 11) Hold the spleen in the closed phase
- 12) Bring the long currents to lambda
- 13) Bring the circular current to the open phase (midline posterior)

13) Bring the caduceus to ajna

14) Ajna, throat major, throat minor are held in the open phase, eye minors are held in the open phase, TMJ minors are held in the closed phase, vagus nerve minors are held in the closed phase, thymus minor held in the open phase, air major is held in the open phase, breast minors are held in the open phase, solar plexus minor is held in the open phase, stomach, pancreas, spleen minor is held in the open phase, spleen minor is held in the closed phase, liver/gallbladder is held in the closed phase, fire major is held in the open phase, water major is held in the open phase, ovarian minors are held in the open phase, testicular minors are held in the closed phase, knee minors are held in the open phase, feet minors are held in the closed phase, hand minors are held in the open phase

15) Bring the core womb of the mental and emotional bodies to bregma (closed phase)

16) Diagonal core is held in closed phase at the head, horizontal core is held in the closed phase (medial), anterior/posterior core is held in the open phase, vertical core is already held at bregma, circular core is held in the closed phase at bregma

Keep holding all of these structures in the open phase or closed phase as indicated until there is a strong tingling sensation in the hands and possibly moving up the forearms. This tingling sensation may be much stronger than what is experienced in lymphatic treatment #1 and #2. Please hold on until you are released. When the interchange between all the fluids of the body, which includes the electrolysis in the lymph nodes that prepares the lymph for its return to the blood stream is complete, you will sense a floating of your hands rising out of the contact points with the cisterna chyli, right lymphatic duct, thoracic duct, the vertical core current will move inferior and all other

structures will move back into synch. The treatment is complete. Note: when you are holding all of these structures in open phase or closed phase as indicated there may be an increase in the opening of the cisterna chyli, right lymphatic duct, thoracic duct. This sensation of the main transport structures of lymph fluid opening more is a very positive sign the the lymphatic system has improved the ability to circulate lymph fluid. The system has been restricted. The restriction has been released. I have not seen this phenomena using lymphatic treatment #1. This opening may be greater using lymphatic treatment #3.

This treatment effectively treats the lymphatics of the brain. The implications for this are vast. This treatment is not recommended without first doing lymphatic treatment #1 several times and lymphatic treatment #2 several times. Lymphatic treatment #1 is a good general treatment for the lymphatic system. Lymphatic treatment #2 goes deeper. Lymphatic treatment #3 goes deeper yet. Without proper prep, lymphatic treatment #1 and lymphatic treatment #2 there may be strong acute reactions mainly through the skin but not exclusively. Note: this treatment may also stimulate strong mental, emotional releases and intense dreams.

The driving mechanism for the whole organism is the vertical core current. As we get closer to the physical organism the free flow of elemental prana from the etheric body into the physical effects all physical function including the flow of lymph fluid. Bringing the whole of the vertical core current manifestations plus the entire elemental prana of the etheric body and concentrating, with our intent and focused touch, into the lymphatic system is a dynamic treatment for our immune system. Seems like we could use it these days.