

Touching the Life Current

Synchronizing the Vertical Core Current and Opening the Door to the Deep Subconscious

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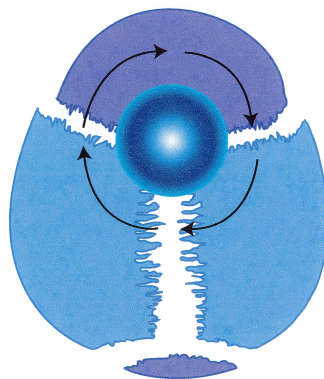
Source consciousness projects itself outward into small currents. These currents give conscious life to all forms. The conscious currents are called souls, life current, vital current, life energy current, spirit current, ultrasonic core, core current, vertical core current, life force current, etc. The current is recognized in many if not all natural healing philosophical foundations. Death is the pulling back of this current to source consciousness. Source consciousness is neutral as are the currents projected from source. Neutral is free of polarity. No opposing forces. No duality. Although recognized widely throughout time there appears to be no description of the mechanics of how this current functions within the human form. It is of course possible that descriptions of the mechanics of the life current have been lost as time unfolds.

Although the core current is neutral this does not mean that the current is immune to trauma. The whole human organism is under the direction of the core current. The core current is the balance point of the whole. Every structure must have a free flowing relationship with the neutrality of the core current. Neutral is balance, peace, stillness, calm, parasympathetic. Neutral is the environment where healing takes place. Trauma is also force. The stronger the traumatic force the deeper the traumatic force may penetrate the human form. This means that certain strong traumatic forces may penetrate and disrupt the neutral balance of the core current. The core current's mechanics can become confused like any other structure when subjected to traumatic force. This includes the deepest level of the subconsciousness which after all is a structure of the whole. In order to foster an environment of healing a practitioner of hand medicine must be able to correct the mechanical confusion of the core current. If this is not accomplished it is questionable if healing can take place or if the healing process can even start. Health is a free flowing of life energy. This means that energy of the whole organism must flow freely in and out of the neutral space within the core current itself. If the free flow of life energy is blocked or compromised by mechanical confusion the result is loss of balance or dis-ease.

In order to access the inner space of the core current it is first essential that the mechanics of the core current be corrected first. The vertical core current travels from bregma (anterior fontanelle) through the center of the spinal cord, out of the spinal cord, to the space between the feet. After a pause the current then travels superiorly back to

bregma. The first observation is to follow the vertical core current to determine if it is completing the circuit. Is the vertical core current able to flow from bregma inferiorly to between the feet, pause, and return to bregma? If not this flow must be corrected. In many suffering from loss of health I have observed the vertical core current is unable to flow but a short distance from bregma before the current returns to bregma. This means that the life energy of that person is severely blocked. In order for them to heal the

current's path must be opened. How? Follow the current to where it stops. Hold there. Wait. The current may return to bregma on its own. Wait. When the current moves inferiorly once again follow to where the current stops. Keep doing this until the current is able to flow from bregma to between the feet. Just because the current is able to flow inferiorly to between the feet does not mean the current can flow superiorly back to bregma. There may be many stops that need to be corrected on the return journey. The method of correction is the same. Hold where the current stops, wait until the current moves, follow. In this direction (superior) the current may move on its own back to between the feet. The current may pause there until moving again superiorly. Keep following and waiting until the current is able to reach bregma. Follow several times as the current moves from bregma to between the feet and back to bregma. You may notice as you follow that the current begins to move more slowly as it moves from bregma to between the feet and back to bregma. You may also notice that the pause at the feet before the current moves back to bregma and the pause at bregma before the current moves inferiorly toward the feet is increasing. These are excellent signs that the vertical core current is correcting itself. The innate conscious wisdom of the current is seeking balance on its own. Think how cool it is to be communicating with such awesome intelligence. Pay close attention to the length of time of the pause between inferior and superior movements of the vertical core current. The longer the pause the more balance. The pause is the conscious vertical core current resting in neutral space. The current is enjoying the balance of stillness. This is the space of healing. The quiet. The neutral.



The vertical core current is incased within a sheath or channel. The channel is also mobile. It moves along with the vertical core current as it travels inferiorly and superiorly within the human body. Due to traumatic force the channel may also become mechanically confused. When the vertical core current moves inferiorly the current's channel must also move inferiorly. When the vertical core current moves superiorly the current's channel must also move superiorly. Observe the inferior and superior movement of the vertical core current. Now, as you observe those movements add the vertical core current's channel making sure that it is in synch with the vertical core. When the vertical core current moves inferior the channel moves inferior. When the vertical core current moves superior the channel moves superior. The current and the channel that it runs in reach bregma and between the feet at the exact same moment. Now the vertical core current and the vertical core current's channel are in synch.

The movement of the vertical core current generates a spiral field. Looking at the top of the head at bregma the spiral field moves toward the right hand or clockwise. It may be helpful to imagine a clock face imposed on the top of the head at bregma. You are seated looking down onto the top of the patient's head. The top of bregma in the anterior position corresponds with 12 on the clock face. The bottom of bregma in the posterior portion corresponds with 6 on the clock face. The mid point on the right side is 3 on the clock face and the mid point on the left side is 9 on the clock face. When the vertical core current and its channel move inferiorly this movement generates a spiral field the is moving clockwise. A clockwise movement from bregma is toward the person's right side lying on the table in a supine position. The directional movement of the spiral field generated by the movement of the vertical core current is vulnerable to traumatic force. This force has the potential to stop the movement of the spiral field or may cause the spiral field to reverse direction and begin moving counter clockwise. Traumatic force may also cause the spiral field to become confused and move from 9-3 over and over. The spiral field's movement is like a wind shield wiper moving back and forth on a wind shield. The field is stuck moving clockwise for a short distance and then reversing to counterclockwise for a short distance. Over and over again.

The 3 possible imbalances of the spiral field are: the movement of the spiral field is counter clockwise, movement of the spiral field is moving in a repetitive pattern between 9 and 3 over and over again like a wind shield wiper and no movement of the spiral field (no perception of the spiral field). No movement (no perception) is the most severe of the mechanical imbalances that may be observed doing core synchronism hand medicine.

If the spiral field is moving counter clockwise stop the movement with your intent and the field will immediately start moving clockwise. If the spiral field is moving like a wind shield wiper stop the movement and the field will immediately start moving clockwise. When correcting the wind shield wiper movement the motion may be stopped by your intent at

any point of the path the field is traveling between 3 and 9 on the clock face. If there is no movement of the spiral field or no perception of the spiral field go back and check the movement of the vertical core current and its channel. Pay close attention to what has been overlooked or not fully corrected. This is very delicate work. It takes a lot of focus and patience. When the vertical core current and its channel are corrected and in synch the spiral field will become perceptible and its direction of movement discernible for any correction needed.

Now it is time to synch the vertical core current, its channel and the spiral field. Consider the spiral field like a tube. The tube runs from bregma to between the feet. The whole tube while in balanced motion moves clockwise. There are two phases of movement. The first is inferior movement (toward the feet). The second is superior movement (toward the head). There is a natural pause between each phase. The inferior movement is also known as the open phase and the superior movement is also known as the closed phase. During the inferior movement of the vertical core current and its channel the spiral field is supposed to be moving clockwise from 12 to 6 around the clock face at bregma. So, when the vertical core current and its channel are between the feet this is the full open position. The spiral field (as a tube) should be at 6. The whole rotating tube is at 6 in the posterior position. If the spiral field is not in the 6 position hold the vertical core current and its channel between the feet and with your intent let the whole tube rotate to the 6 position on the clock face at bregma. It may take several attempts before the whole spiral field will align in the full open position as indicated by 6 on the clock face at bregma. In the full open position the vertical core current is between the feet, the vertical core current's channel is between the feet, the spiral field is at 6 on the clock face. In the full closed phase the vertical core current is at bregma, the vertical core current channel is at bregma and the whole spiral field is at 12 on the clock face at bregma. The movement of the clock at bregma is to be synched with the movement of the vertical core current, the vertical core current's channel and the spiral field. 6 = full open. 12 = full closed. This is called setting the timing of the core within the human body. Synchronized motion of our life current = health.

When the vertical core current is in balance and the vertical core current's channel is in balance and the vertical core current's spiral field is in balance follow all three for several inferior and superior journeys. Do several full pauses in both directions. Pay close attention to the natural pauses between phases. The longer the pause the better the balance and vitality of the system. The greater the balance and vitality of the system the greater the immune function.

The spiral field flows within the spiral field channel. Like the vertical core's channel the spiral field channel is mobile. It moves inferior and superior with the movement of the spiral field. When the vertical core current is between the feet, the vertical core current channel is between the feet and the spiral field is in the 6 o'clock posterior position the system is in full open mode. The spiral field channel is between the feet also. Now all 4

structures are in synch. The vertical core current, the vertical core currents channel, the spiral field and the spiral fields channel. The spiral field channel is the hardest to correct. If there is any dis-synchronicity between the vertical core current, its channel and the spiral field then the spiral field channel will not correct. This is actually very cool. If you have overlooked anything between these structures, had insufficient focus, not exercised enough patience, then the final piece of synchronicity will not manifest. It is a check and balance system based on the wisdom of our own inner life consciousness. If the spiral field channel will not let go we have missed something. Go back and do it again. Keep doing this until the spiral field channel let's go. Now we can do the final synch. Yipee!

The final synch is to follow all four structures together. The vertical core current is moving inferiorly, its channel is moving inferiorly, the spiral current is moving toward the client's right side (client is supine) and the spiral currents channel is moving inferiorly. Follow closely with focus. The vertical core current reaches between the feet, its current reaches between the feet, the spiral current is posterior at the 6 o'clock position from bregma to between the feet, the spiral currents channel is between the feet all at the same moment. This is synchronized movement of the four parts that comprise the vertical core structure. Follow all four structures several times in the inferior and superior directions. When all four structures are fully open (inferior and the clock is at 6) with your intent pause all four structures. Hold the pause until all four structures begin to move in the superior direction on their own volition. When all four structures reach bregma pause again and wait until they move on their own volition inferiorly. Do this several times. After each pause all four structures will move more slowly and the pause between the superior and inferior movement will increase. The longer the pause the better the vertical core structures balance.

This balance creates an environment where healing may take place. It doesn't matter how long this takes. Please realize that there is a very high probability that this has never been done before with the person you are touching. It is recommended that the vertical core structures be corrected at the beginning of a treatment. This correction when done with patience and focus will aid every complaint that the person is experiencing. This takes as long as it takes with each individual. 20 minutes, 30 minutes, 40 minutes, doesn't matter. When you understand what this is doing the amount of time is not a factor. This is the central, core mechanical nature of healing. This is the root of healing energetically. Health is the free flow of energy. Healing is the free flow of energy. This is the deepest correction at the deepest level of accessible structure. This is the correction of the mechanics of life. This is palpation of the soul within the human frame. Except there is of course one more thing.

Within the vertical core current is space. This is the true subconsciousness of the whole being. Within this space there is stillness, calmness and peace. Yet, within this space there are also layers of chaos. Chaos of multiple patterns of trauma. This is the source of all serious blockages. Chaos that is not allowing the individual to experience balance, stillness,

calmness, peace, freedom from pain, etc. Chaotic trauma that is the root of pathology. This traumatic chaos effects the whole.

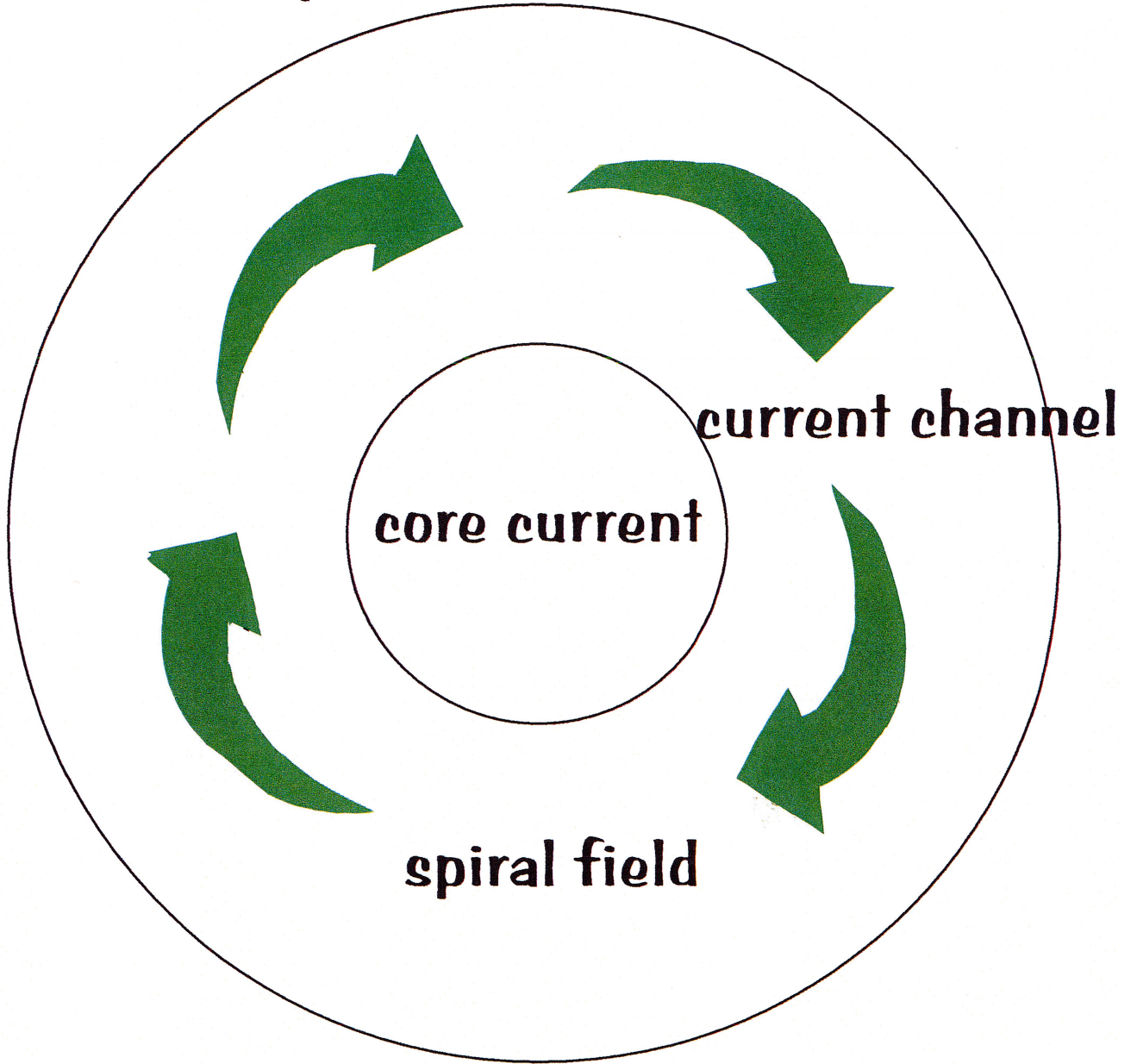
How to correct the deep subconscious. The first step is to balance the four structures of the vertical core as stated above. It will not be possible to access this level if the vertical core structures are not mechanically in balance. The balance of the vertical core structures is the gateway to the subconsciousness. If you are having difficulty accessing this level go back and redo the vertical core structures. When they are corrected the gate to the subconsciousness is open. Any patterns of motion perceived within the subconsciousness need to be released. Release by stopping the motion with your focused intent. It does not matter where you stop the repetitive pattern with your intent. As soon as the pattern is stopped the pattern will collapse and disappear. There will be multiple layers of these traumatic patterns. Go through as many as possible. Some of the patterns will be evasive, tricky to catch, fast, and elusive. Be patient and keep at it. Your willful intent will always prevail. Eventually a level of stillness will be perceived. Observe the stillness with patience. Watch for any additional patterns to emerge that disturb the stillness. Release them by stopping the pattern. Do this until the stillness is no longer experiencing any disturbances. There may also be perception of strange electrical like pulsations within the space of the vertical core current. Look closely into the pulsations and you will see that the pulsation also has a pattern to it. Stop the pattern to correct. There may also be the perception of lines that are within the vertical core space but pass out of that space and travel into other parts of the whole. For instance if a person has a left ovarian cyst the black line will travel out of the vertical core space and go into the left ovary. This means that the subconscious pattern within the vertical core space has not found a way to release the trauma but must form a cyst in the left ovary as a means of release. Forming a cyst in the left ovary will capture the individual's attention. This in turn will motivate the individual to seek some relief. If the choice they make for relief also is effective in releasing the subconscious trauma then the healing is complete. If not then the original pattern of trauma will seek other ways to get relief and release. All pathology (trauma, suffering) has its roots in the subconsciousness. Medicine must be able to resonate with the subconscious trauma to be truly healing. The lines may also be released via core. The line is trauma. It represents a significant life event. An event of pain and suffering. It remains as something buried. Put away as to forget. To not feel. But it is alive as energy patterns. There is nothing neutral about subconscious pattern trauma yet it occupies neutral space. Neutral space is intelligent wisdom. The wisdom of balance. Why does this awesome intelligence tolerate the presence of such disruptive traumatic force? It tolerates it because of the effects of trauma. The vertical core space have forgotten how to heal the presence of trauma because it is also traumatized. So, we have to simply remind the vertical core space how to heal. The line must be integrated into the vertical core current structures. With you intent place the vertical core current inside the line. Keep following the vertical core current until it is able to flow the entire length of the line. Now do the same with the vertical core current channel, the spiral field and the spiral field channel. Do them all together. At some point as you are building this the line

will pull back from the left ovary and go back inside the vertical core. Follow the structures of the vertical core in the opening and closing phases and do pauses at each end. The line will eventually disappear. The vertical core structures and the vertical core space has been reminded how to heal the presence of deep subconsciousness traumatic force. It invites it into itself with the help of focused touch. The traumatic force is hanging around neutral space. It is doing its own thing but is also not able to interact with balance. Doesn't know how. The vertical core structures and the vertical core space don't remember how to either. They just have to be reminded how to embrace each other. Healing is embracing our trauma. Core does this via deep mechanics.

Do the people you are working on know what is happening? Some do. Some don't. Many sleep to allow this deep healing to take place. Others go into an altered space. Do they have conscious recall of the trauma that has been released? Some do, some don't. From my experience it doesn't seem to matter. If the individual needs to know what the trauma is about they will know. To others it does not seem to matter if they recall or not. This is deep healing work. Please pay attention to how people are responding to treatments. With some sensitive people that you work on every week you may need to space out these subconscious healing journeys. Do the vertical core structures every treatment but not the vertical core space every treatment. Give them time to absorb the fullness of the treatment before doing another vertical core current space journey. Yes, I do this treatment on people the first time I see them. Forty-seven years of doing bodywork has led here so why waste time.

I have been told that this deep level of perception via touch can not be taught to anyone. Only a gifted practitioner can do this. This ability is for the rare gifted ones only. I have also been told by a homeopathic medical doctor that no one can palpate the vital force. This is nonsense. Anyone can do this. I have proven this over and over again via teaching core classes for many years with anyone that has interest and seeing them excel. Even people that have no experience or training in bodywork are able to do this and do it well. I am not saying this is easy. This is advanced palpatory work. The development of this skill takes focused concentration, an understanding of the mechanics and much repetition. Repetition is the spice of skill. Practice. Then practice some more. The development of any skill takes practice and repetition. Good Luck and have fun.

spiral field channel



current channel

core current

spiral field

