



Philosophy of Natural Therapeutics Henry Lindlahr,  
M.D.

What is a Healing Crisis?

A healing crisis is an acute reaction, resulting from the ascendancy of Nature's forces over disease conditions. Its tendency is towards recovery, and it is, therefore, in conformity with Nature's constructive principle.

Are all Acute Reactions Healing Crises?

No, there are healing crises and disease crises.

What is a Disease Crisis?

A disease crisis is an acute reaction resulting from the ascendancy of disease conditions over the healing forces of the organism. Its tendency is, therefore, toward fatal termination.

What is Cure?

Cure is the readjustment of the human organism from abnormal to normal conditions and functions.

A cure constitutes reaching the life current within and re-establishing a free flow of the energy currents. Anything short of this is but a relief measure. Dr. Stone

Every acute healing process is the result of a purifying, healing effort of Nature.

Energy itself has intelligence which must have a direction of flow or a way to go, or it defeats itself in useless expenditure and destruction. Every energy block in mind, emotion and in matter is an obstacle which often necessitates eruptions of a volcanic type in nature, and as disease in man and beast or in vegetation. In such conditions the norm of the mental pattern of energy flow in form and use has been interrupted and must right itself. The wise man and physician looks for the cause and assists nature in balancing this directional energy circuit back to its norm---physically, mentally and emotionally. Dr. Stone

Health is the neutral position in life by which the cellular activity of the body is in a neutral polarity state called balance. Dr. Stone

Hippocrates: "Nature is the healer of all disease." "Let foods be your medicine and your medicine your foods."  
"The physician is only the servant of Nature."

Kuhne (died in 1907) theory of "unity of disease" "disease is the presence of foreign matter in the body." Just (died in 1939) "Nature does not err." First to advance: "acute diseases are favorable healing crises and should be greeted with joy."

Paracelsus: "Nature is the teacher of science."

Nature Cure philosophy teaches that these microorganisms are scavengers which live, thrive and multiply on disease matter only.

Uric acid and other morbid materials mixed with it form in the system a sticky, mucoid substance which obstructs the capillary circulation, irritates the nervous system, forms deposits, and in that way causes all kinds of symptoms and disease conditions. I chose these names because colloid means glue like and collemia signifies a glue like condition of the blood.

The bacteria found associated with acute, subacute and chronic diseases are not the primary causes and instigators of these abnormal processes, but rather the product of pathogenic conditions and the agents through which Nature breaks down complex, disease producing (pathogenic) substances into simpler compounds suitable

for neutralization by alkaline elements and for elimination through the organs of elimination.

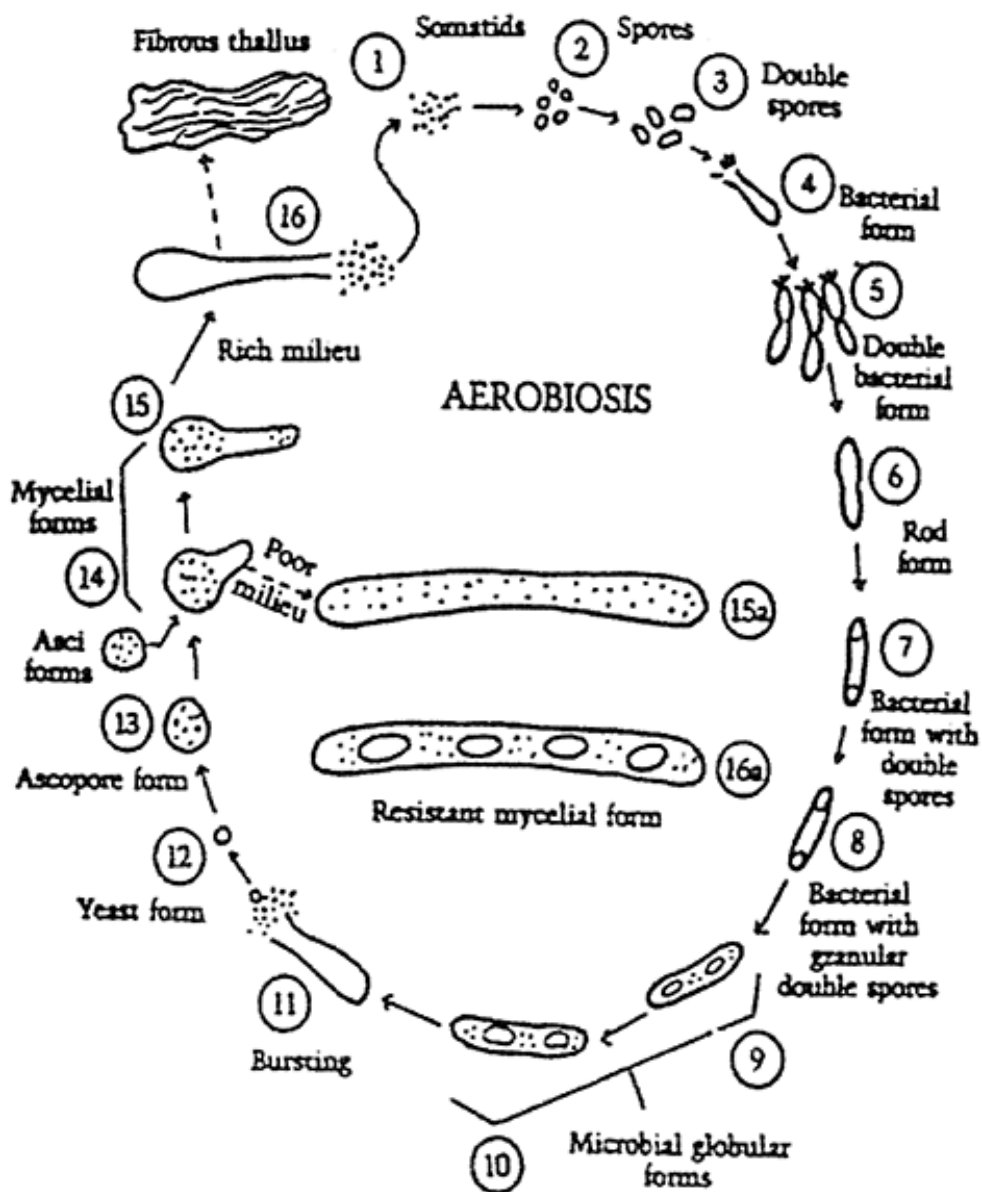
The primary cause of germ activity is the morbid soil in which bacteria breed and multiply. Basing our practice on these fundamental propositions, we do not endeavor to kill the germs with poisonous drugs, vaccines, serums and antitoxins, but instead we endeavor through natural ways of living and natural methods of treatment to purify the organism of the systemic waste, morbid encumbrances and disease taints which furnish the soil for the development and multiplication of disease germs.

The physical characteristics and vital activities of cells and germs depend upon the soil in which their microzyma feed, grow and multiply. Thus microzyma, growing in the soil of procreative germ plasm, develop into the normal, permanent, specialized cells of the living vegetable, animal or human organism. The same microzyma feeding on morbid materials and systemic poisons in these living bodies develop into bacteria and parasites.

Life is a river of energy which must flow to keep clear and sweet in its function thru all the organisms of life's expression. Only when life's currents are obstructed and become stagnant, then fermentation of wastes and tissues causes decay and germs. Their origin is in decomposition.

Dr. Stone

The primary effort of the healing art should be to get life to flow thru stagnant and obstructed areas and tissues of the body which cause pain. That is the natural way, from



the inside out and from the top down, as the centrifugal force operates.

Dr. Stone

Every so-called disease is a crises of Toxemia; which means that toxin has accumulated in the blood above the toleration point, and the crisis, the so-called disease---- call it cold, flu, pneumonia, headache, or typhoid fever---- is a vicarious elimination. Nature is endeavoring to rid the body of toxin. Any treatment that obstructs this effort at elimination baffles nature in her effort of self-curing.

Dr. Tilden

"Bacteria and parasites cannot cause disease processes unless they find their own peculiar morbid soil in which to grow and multiply." Dr. Henry Lindlhar

Powell/Lindlhar: The congestion of blood in the area where inflammation is in process of development is caused by the accumulation of pathogen in the circulation which obstructs the tiny capillaries in the affected parts. The accumulation of pathogen in these parts, aside from the great viscosity of the blood, is due to lowered vitality, lowered resistance, or to some kind of irritation or obstruction. As a result of this pathogen obstruction in

the capillary circulation the blood cannot pass, it surges back and forth and bulges or distends the capillaries and gradually the large blood vessels. This explains the congestion, which is always the first symptom of inflammation. The capillaries expand in such a way that the leucocytes (pathogen, morbidity) are forced out into the neighboring tissues.

The microzyma feeding on the stagnant morbidity grow into the necessary life form necessary to consume the morbidity. This in turn causes the oxidation and disintegration of these morbid products of faulty metabolism. R. Stevens: This is nature's method of digesting substances that are not simple compounds easily recognized by the organs of digestion. The resultant elimination of the byproducts of this digestive process is the acute healing crisis or healing opportunity.

The somatid, being the prime, living organizational element, must by definition manufacture its own perfect chemical environment. Under these conditions life will thrive. But mankind, being less than perfect and having less than perfect knowledge, has found and contrived many ways of altering this perfect internal environment, to which the somatid responds by altering its form, probably



as a way of adaptation. These discoveries led to the Somatidian Theory of Orthobiology.

The Somatid, when in complete control of the function of the organism (cellular growth, division and differentiation and function), will have a constant 3 Stage Cycle, the Somatid, Spore and Double Spore. These are clearly visible in abundance in the blood of healthy human beings. In the course of this micro cycle, we can detect the production of a trephine. This is a proliferative hormone indispensable to cellular division. Without it, life cannot exist. In healthy individuals, the evolution of this life cycle is stopped at the level of the Double Spore because of the presence of trephine inhibitors in the blood. In the course of this micro cycle, the quantity of trephine necessary for cellular multiplication is thus elaborated. If because of periods of intense, long term negative emotional input, biological disturbances such as vaccination, antibodies, radiation, etc. and being subjected to environmental toxins, the inhibitors in the blood diminish in concentration. At some point the Somatidian cycle will continue on an apparent natural evolution of a further 13 different forms and one sees the appearance of diverse forms of bacteria. Naessens has made a direct correlation between the appearance of these forms of the Somatid and degenerative diseases such as Cancer, M.E., M.S., etc. As the Somatid breaks away from its normal 3 Stage Cycle, it appears that it loses control, to some

extent of cellular growth, division, differentiation and function.

Some Reasons That Telephone Inhibitors Diminish Are As Follows:

1. Toxic products----Household products, food, medications; any product introduced into the body that is not compatible with a person's own chemistry.
2. Physical shocks----Any physical trauma such as a car accident or a ruptured bone. Traumas include surgery, burns, exposure to radiation, magnetic fields, and such.
3. Sudden psychological shocks----Sudden traumas such as the loss of someone dear, bad news, a disappointing event, a strong negative emotion.
4. Feelings of helplessness towards a situation----The feeling of being trapped without hope.
5. A person's belief system----Thinking that one will be sick for a particular reason (for example, because his or her parents had some disease). Negative beliefs will most likely result in sickness caused by unconsciously sending messages to the brain. Thoughts act powerfully on the chemistry of the biological systems.

Lectures on Homeopathic Philosophy: James Tyler Kent  
...tissue changes are only the results of disease

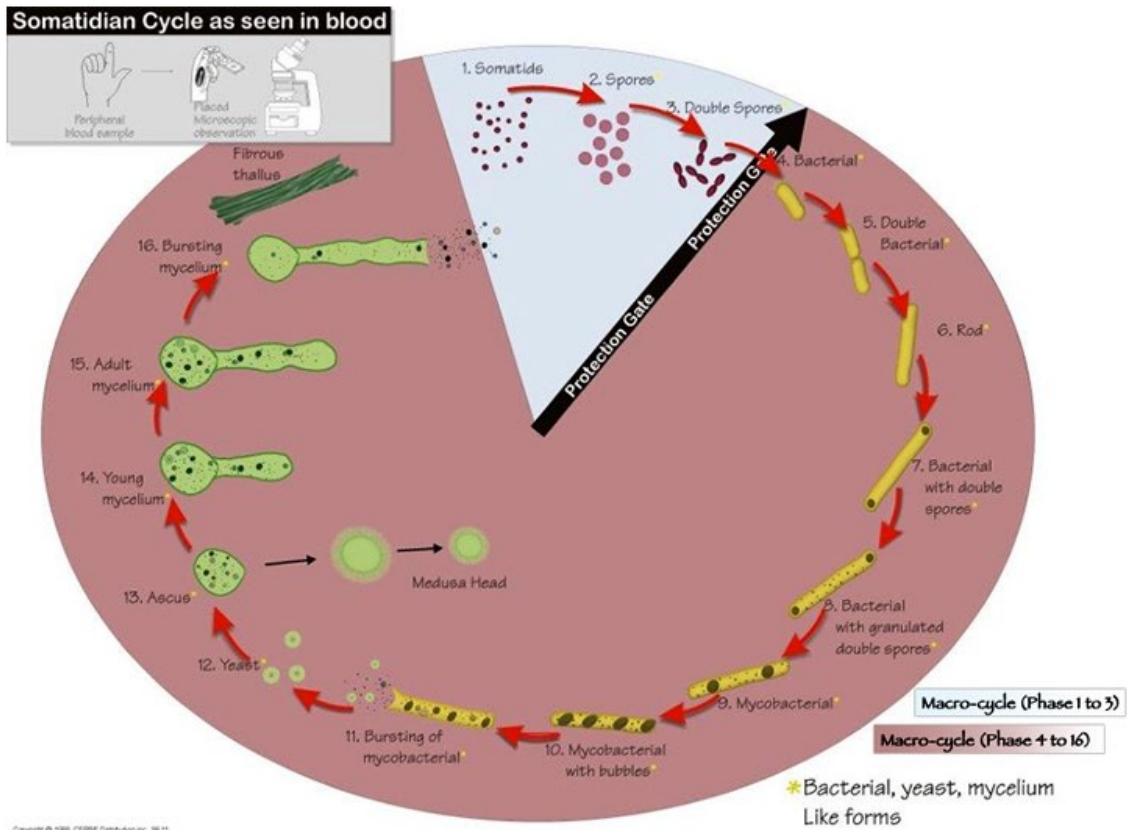
"He who considers disease results to be the disease itself, and expects to do away with these as disease, is insane. It is an insanity in medicine, an insanity that has grown out of the milder forms of mental disorder in science, crazy whims. The bacteria are results of disease. In the course of time we will be able to show perfectly that the microscopical little fellows are not the disease cause, but they come after, that they are scavengers accompanying the disease, and that they are perfectly harmless in every respect. They are the outcome of the disease, are present wherever the disease is, and by the microscope it has been discovered that every pathological result has its corresponding bacteria. The Old School consider these the cause, but we will be able to show that disease cause is much more subtle than anything that can be shown by a microscope."

Diseases are not individuals arranged in classes like cats and dogs, but conditions growing out of one another. The specific disease is the grand refuge of the weak, uncultured, unstable minds, such as rule in the medical profession. There are no specific diseases: there are specific disease conditions. Florence Nightingale 1860

Disease = accumulation in the system of certain morbid materials, the end and by products of digestion and of the metabolic changes in the cells and tissues of the body. Lindlhar referred to these as acids, ptomains, xanthins, poisonous alkaloids. Collectively as "colloids" and to the resulting conditions and symptoms of disease as "collemia". Uric acid and other morbid materials mixed with it to form in the system a sticky, mucoid substance which obstructed the capillary circulation, irritates the nervous system, forms deposits, and causes all kinds of symptoms and disease conditions. Colloid = glue like, collemia = glue like condition of the blood. ( Dr. Stone called this colloid material blood sludge which denotes a blockage on the physical level. R. Stevens) Dr. Powell called this colloid material pathogen (disease creating) accumulations of morbid materials. Dr. Thomas Powell: Fundamentals & Requirements

...the bacteria found in man and animals do not cause disease---they have the same function as those found in the soil, or in sewage, or elsewhere in Nature, they are there to rebuild dead or diseased tissues, or rework body wastes and it is well known that they will not or cannot attack healthy tissues. They are as important and necessary to human life as those found elsewhere in

Nature, and in reality, just as harmless if we live right, as Bechamp so clearly showed.



Antoine Bechamp 1816-1908

Louis Pasteur 1822-1895

Samuel Hahnemann 1733-1843

James Tyler Kent 1849-1916

Henry Lindlhar 1853-1925

Royal Rife 1888-1971

Gaston Naessens 1924-2018

Randolph Stone 1890-1981



